



Understanding Who I Am

Ephesians

Becoming Who We Are

Stand

Ephesians: Stand 6:10-18



Series – Understanding – Becoming

- recently three ways we operate differently
 - Husbands and Wives
 - Children and Parents
 - Slaves and Masters
- submitting 1st to God – to one another

Final instructions in the letter from Paul

Ephesians: Stand 6:10-18



¹⁰ Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

Ephesians: Stand 6:10-18



¹⁴ Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵ and, as shoes for your feet, having put on the readiness given by the gospel of peace. ¹⁶ In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; ¹⁷ and take the helmet of salvation, and the sword of the Spirit, which is the word of God, ¹⁸ praying at all times in the Spirit, with all prayer and supplication.

Ephesians: Stand 6:10-18



1. Know This...

a) be strong

- in the Lord
- in the strength of his might

b) stand

- 4 times imagery used
- clearly called to withstand, wrestle, work
- culture flowing the opposite direction

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c) we are in a war

- enemy has a strategy – ‘schemes’
- know who the enemy is
 - not flesh and blood
 - interesting Paul’s experience
 - our desire to put a face on enemy
- against spiritual forces
 - not easily seen
 - serious enemy

Ephesians: Stand 6:10-18



d) need your armor

- provided for you and necessary
- clear we need the whole armor – 11,13
- provided by God for what we need

2. Know Your Armor

- like the clothes we put on - important

Ephesians: Stand 6:10-18



a) Belt of Truth

- schemes of devil clear

- John 8:44 “⁴⁴ You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies.

- deception his thing, suggesting that....

- God is withholding, you will miss out

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- knows it doesn't have to be true, just that you will believe it!

b) breastplate of righteousness

- commitment to live up to who you are
- temptation of our enemy here, shortcuts
- can resist traps and temptation by armor

c) shoes

- readiness given by gospel of peace
- footwear chosen by ground & conditions

Ephesians: Stand 6:10-18



- ready to go, give the gospel not a new thought

- Col. 3-4

- wives & husbands 3:18-19

- children & parents 3:20-21

- slaves & masters 3:22-4:1

- vigilant prayer 4:2-4

4:5-6 “Walk in wisdom toward outsiders, making the best use of the time. ⁶ Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.”

Ephesians: Stand 6:10-18



- 1 Peter 3:15 “¹⁵ but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect,”

- feet ready for the opportunities provided for the Gospel to set captives free, bring peace

d) shield of faith – flaming darts of evil one

- Rev. 12:10 – Satan the accuser of the children of God day and night

Ephesians: Stand 6:10-18



- knowing....

who I am

who my Lord is

my protection & place

- believing.....

extinguishes the arrows of enemy

- absence of fear & panic

Ephesians: Stand 6:10-18



e) Helmet of Salvation

- protects your head – thinking & responding
- false teachers suggest – you earn or deserve
- salvation by grace through faith critical
- mind renewed by washing of the word

f) Sword of the Spirit – Word of God

- living, active, useful in...
- when you put down your sword - vulnerable

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3. Communication Essential

- not given armor and pushed out into fight
- given ability to communicate with headquarters

a) praying in the Spirit

- 2 way communication

b) all prayer and supplication

- invitation to be real, and respond

Ephesians: Stand 6:10-18



- Phil 4:5-7 “⁵ Let your reasonableness be known to everyone. The Lord is at hand; ⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”

Ephesians: Stand 6:10-18



So What?

1. Battle is Real
 - have an enemy, in his territory
2. Given What is Needed to Stand
 - commanded to stand
 - given armor for the fight
3. Have been given access to headquarters
 - prayer matters
4. Are you walking with the Armor of God?