



Understanding Who I Am

# Ephesians

Becoming Who We Are

**Rooted and Grounded**



# Ephesians: Rooted & Grounded



Series – Understanding – Becoming  
Setting for Book

- Paul – founding pastor, in jail
- Ephesus – key city
- Written to the church

Today – Prays for them from jail

- 1<sup>st</sup> prayer recorded – enlightenment
- 2<sup>nd</sup> prayer – enablement

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<sup>14</sup> For this reason I bow my knees before the Father,  
<sup>15</sup> from whom every family in heaven and on earth  
is named, <sup>16</sup> that according to the riches of his  
glory he may grant you to be strengthened with  
power through his Spirit in your inner being, <sup>17</sup> so  
that Christ may dwell in your hearts through  
faith—that you, being rooted and grounded in  
love, <sup>18</sup> may have strength to comprehend with all  
the saints what is the breadth and length and  
height and depth, <sup>19</sup> and to know the love of Christ  
that surpasses knowledge, that you may be filled  
with all the fullness of God.



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<sup>20</sup> Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, <sup>21</sup> to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

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## 1. Inner Man Strengthened

- asking of God...., from his riches

- a) strengthened how?

- Power of Holy Spirit

## \* Holy Spirit Power

- Present at Salvation – Rom. 8-9

- Needed to live Christian Life – Luke 24;49

“And behold, I am sending the promise of my Father upon you. But stay in the city until you are clothed with power from on high.”



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- Power evidenced at arrival – Acts 2:4
- Power evidenced in preaching – Acts 4:8
- Power evidenced in boldness – Acts 4:31

“And when they had prayed, the place in which they were gathered together was shaken, and they were all filled with the Holy Spirit and continued to speak the word of God with boldness.”

- Power for wisdom – Acts 6:10
- Power in adversity – Acts 7:55
- Power for discernment – Acts 13:9

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- 59 references to Holy Spirit power in Acts
- inner man strengthened with Holy Spirit Power

b) strengthened Where?

- inner man – heart – new life in Christ
- new life in Christ supernaturally strengthened .....

So That.....



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## 2. Depth would be Yours

- 3 images

### a) Christ Dwell in your Hearts

- dwell – settle down, feel at home, resides, constant and familiar

### b) Rooted in Love

- supporting what is above the surface

- nourishment and anchor

- what it is rooted in important – 1 Cor. 13



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## c) Grounded in Love

- architectural term – foundation or support
- Jesus – Matt. 7:24-29

## 3. Strengthened to Comprehend

- literal – to grasp
- possible to understand and not own it
- given the ability to grasp the .....
  - breadth and length
  - height and depth

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## 4. Know Love that Surpasses Knowledge

- experience the love of God affecting....
  - emotion
  - passions
  - priorities
- permeates my inner man, cannot ignore this

## 5. Filled with the Fullness

- full – no room for anything else
- filled – ongoing and state of being



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## 6. Amazing Benediction

### a) Able to Do

- far more abundantly
- exceeding human capacity

### b) According to Holy Spirit

- authority, power, desire to do

### c) To Him be Glory

- witness in heavens, and to world

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## So What

1. Prayer for one another
  - enlighten us Lord – reveal
  - enable us Lord – do in us your work
2. Pray Together
  - fill us Holy Spirit
  - Strengthen us
  - Grant us Depth
  - Allow us to Comprehend, Experience you
  - Be Glorified – enable us to trust